



# GENERAL HAPPENINGS

Healthy People, Outstanding Care

Brockville General Hospital

MAY, 2011

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## BGH Acquires New CT Scanner

It's great healthcare news for the residents of Brockville and area, no matter how you slice it. Thanks to the quick work of BGH Diagnostic Imaging (DI)

Department, BGH Board of Governors Executive Committee and Toshiba

Canada, Brockville General Hospital will substantially upgrade its CT capabilities at a substantially reduced cost.

"Each year, the Radiological Society of North America has a large conference and equipment show in Chicago," explains Debbie Wilson, Manager of DI for BGH. "Manufacturers bring new equipment to demonstrate. This scanner was one Toshiba brought this year."

Toshiba could not sell the demo model as new, so the company made it available to their representatives in Canada to sell at a discount. The salesperson serving BGH contacted the hospital in February, wondering if there was any interest. Wilson and Dr. Jonathan Lasich, BGH Chief of DI, traveled to Hull to view a similar scanner in operation. Impressed, both recommended making the purchase for BGH if possible. The Toshiba offer was found to be in accord with the Broader Public Sector Guidelines and

subsequently forwarded to the Board of Governors Executive Committee, where it was accepted.

CT or Computed Axial Tomography Scanners (often called CAT Scans)

offer a more sophisticated diagnostic image over the X-ray. CT imaging uses X-ray equipment and computers to produce multiple images or pictures inside the body. Each picture is called a "slice" and these are merged digitally to produce a cross-section image of the area under study.



The previous CT Scanner at BGH was purchased in 2003, and is a four-slice scanner. The new model is a Toshiba Aquilion 64/128 slice machine, the highest resolution needed for services at a primary and secondary care facility such as BGH.

"Higher performance in image quality and speed will truly contribute to the enhancement of care for our patients," says Wilson. "Our patient throughput will be faster and the quality of images superior to our existing scanner, thereby optimizing productivity and enhancing diagnosis."

**See page 2**

**Next Board Meeting**  
(Open Session)  
**CSS Library**  
**May 9 6:00 p.m.**

**Next Staff Forum**  
Teleconferenced CSS Auditorium  
& GSS Boardroom  
**May 10—2:00 p.m.**

## BGH Acquires New CT Scanner (continued)



As a new model, the Aquilion Scanner sells at between \$1.1 and \$1.3 million, depending on the options chosen. Toshiba is removing the current machine at BGH and providing the new one fully installed for only \$740,000—a savings of over 40%.

Changes to the current scanning room to accommodate the installation will cost an estimated additional \$10,000.

The transition began at noon on March 18th, with the last scan on the old machine. Removal and installation took about two weeks, with CT services resuming April 6th. Kingston General Hospital assisted with Emergency and Urgent In-patient CT scan requests

during the transition.

“The Hospital is extremely pleased to be able to work with Toshiba to provide upgraded CT Scanner services to our community,” says Ray Marshall, BGH President and CEO. “Our existing scanner had been in operation since the fall of 2003 and was nearing the end of its useful life. We had been thinking about a replacement scanner for a number of months, but the regular price tag of \$1.1 to \$1.3 Million was a major hurdle.

“The substantial discount offered by Toshiba for this particular unit was a huge incentive,” he continues. “This machine will enable us to perform tests that, up to now, people had to travel to Kingston or Ottawa to receive. This upgrade supports our goal of making healthcare services more accessible to the people of Leeds & Grenville.”

*Photos of the newest addition to the BGH family, our new 128-slice CT scanner, during assembly and testing. Thank you Brockville and District Hospital Foundation for funding this important upgrade to BGH Diagnostic Imaging services!*

## The Clinical Services Roadmap

Following a successful launch of the Community Engagement website, with great representation from a variety of the hospitals and the CCAC, we are hoping that you too will take part in the engagement process by accessing the Community Engagement website to complete workbooks at your leisure (before May 15<sup>th</sup>!).

The South East Local Health Integration Network (SE LHIN) has launched the “Clinical Services Roadmap” project. This important initiative is about creating a regionalized system of integrated health care that will ensure everyone has access to the right care, in the right place, at the right time. Over the past several months, seven teams of experts have been putting together plans to create a roadmap for the future of health care in our region in seven different areas believed to make the biggest difference in our system:

- Restorative Care
- Regional Surgical Care
- Mental Health and Addictions
- Maternal/Newborn

- Hospital Acquired Infections
- Emergency Department
- Cardiovascular Disease

These clinical teams will put forth a number of recommendations to improve your experience as a patient but they need to hear from you – about what works best for you and others in your community.

**We need to hear your views!** Take part in our online community engagement at:

<http://www.southeastlin.on.ca/HealthCareRoadmap>

or go to our web site at [www.bgh-on.ca](http://www.bgh-on.ca) and follow the link on the main page. Take part in the engagement process by accessing the Community Engagement website to complete workbooks at your leisure (**before May 15<sup>th</sup>!**).

**We want to hear from you AND people you know so pass it on!**

## Brockville General Hospital Posts Quality Improvement Plan

On April 1st, as part of the on-going Excellent Care for All Act (ECFAA), Brockville General Hospital posted its Quality Improvement Plan (QIP) for 2011-2012 on its web site for public view.

"BGH has had a Strategic Plan in place for some years now that is updated regularly," explains Heather Crawford, CNE/VP Clinical Services for BGH, "but with ECFAA the hospitals need to pinpoint three main focuses, steps chosen to address improvement, and how these would work with other related initiatives."

The three areas of improvement targeted by BGH for the coming year are medicine reconciliation, increased fall and injury prevention, and hand hygiene. "These areas were chosen for a variety of reasons," Crawford says. "Medication reconciliation is a requirement of Accreditation Canada, and BGH has a focus on medication reconciliation throughout the organization. We are not 100% compliant yet, and need to ensure that this first step (in the Emergency Department) is completed accurately. BGH has noticed an increase in falls," she continues, "so we want to focus

on our fall and injury prevention program to ensure it is reflective of best practice in reducing falls. Hand hygiene reporting is mandated by government, and is fundamental to our ability to contain infection and to prevent infection from occurring in hospital."

In June 2010, the Ontario Government passed the Excellent Care for All Act—legislation designed to support hospitals to further improve the quality and safety of care they provide. One element of this support is through public reporting of Quality Improvement Plans to enhance accountability. The QIP is made up of two parts: the Short Form document that gives a brief overview, and the Chart of Targets and Initiatives spreadsheet.

"Ultimately," says Crawford "the quality plan ensures that we are accountable to both the patient and his/her family, and to our staff. This formalizes a process that has been in place for many years in healthcare." The Brockville General QIP can be found at [www.bgh-on.ca](http://www.bgh-on.ca).

### OUTSTANDING!



L-R **Lillian Burns 30 years of Service, Cecile Hall 30 years of Service, Gert MacKenzie 31 years of service - OUTSTANDING!**

On April 7, 2011, the Brockville and District Hospice Palliative Care Service celebrated National Volunteer Appreciation Week by hosting an event for all of the Palliative Care Volunteers. This event is held annually, but this year was an extra special celebration. Three of the

Palliative Care volunteers have now been with the service for 30 years! These volunteers took part in the first two volunteer training courses and have been volunteering for Palliative Care ever since. Their commitment and dedication to the Palliative Care service shines through in everything they do.

Thank you to all of the Palliative Care Volunteers. You always do so much!

**Submissions for "General Happenings" are due on the 24th of every month. Please send to [quipa@bgh-on.ca](mailto:quipa@bgh-on.ca) or [whema@bgh-on.ca](mailto:whema@bgh-on.ca)**

**Maggie Wheeler, Editor Pam Quine, Publisher**

**BGH Recognizes National Nursing Week May 9—13**

**BGH Recognizes National Mental Health Week May 1—7**

## BGH CELEBRATES ITS VOLUNTEERS

As part of celebrations marking National Volunteer Week, Brockville General Hospital hosted its annual Volunteer Appreciation Tea April 8th.

"The hospital has three main groups of volunteers," explains Christine Deault, Coordinator of Volunteer Services for the Brockville General Volunteer Association (BGVA), "with a total of about 340 people who help BGH on regular and semi-regular bases. Today is one event that brings us all together."

On behalf of the hospital, President and CEO Ray Marshall had a sincere thank you for all that the Volunteer Association contributes to this community hospital.

"Currently, our volunteers give 2000 hours per month of their time to this hospital," said Marshall. "That's 24,000 hours per year, which equals half a million dollars donated in time. Then there is the fundraising that the BGVA does on top of that."

Hospital Board Chair Hugh Bates also lauded the significant contribution that the hospital volunteers make each year.



*Happy to thank BGH volunteers are (front, l-r) BGVA Coordinator of Volunteers Christine Deault, Brockville and District Hospital Foundation Executive Director Joan McLaughlin, BGH Director of Surgical Services and Maternal/Child Anne Rodger, BGVA President Maureen Overy, (back, l-r) BGH VP Clinical Services/CNE Heather Crawford, BGH Board of Governors Chair Hugh Bates, BGH President and CEO Ray Marshall, and BGH VP Human Resources Leah Wales.*

"Without you," he told the crowded room, "our hospital would not operate. And best of all, thanks to you, our patients and families are always greeted with a smile."

Over 80 hospital volunteers enjoyed an afternoon tea buffet in the cafeteria at the Charles Street site. Music was provided by harpist (and BGH executive assistant) Lea Hamblett, with husband Phil on guitar.

The BGVA is one of the oldest service groups in the Brockville area, having celebrated 120 years of service in 2009. It is also the 4th oldest hospital auxiliary in the Province.

"BGVA members are compassionate and caring people who give very generously of their time to their fellow community

members," says Maureen Overy, President of the association.

"Some other volunteers, who often get overlooked, are the members of the BGH Board of Governors," she adds. "These people are also very generous with their time and expertise, keeping the good of the hospital very much at heart."

## BGVA Donation Drive

The Brockville General Volunteer Association held a two-day drive in April for Gift of Life Organ and Tissue Donations. They signed up 57 new donors and handed out 108 forms to be completed. Congratulations to the volunteers for a successful donor drive, and helping to raise awareness about the need for donors.

"Most people don't know that signing a donor card is not enough anymore," explains BGVA President Maureen Overy. "You need to register your donation with the Gift of Life Network."

You may also register on-line at [www.giftoflife](http://www.giftoflife) or at a ServiceOntario centre where you renew your photo

health card. Once you register your consent, the information stays in a Ministry of Health and Long Term Care database to be made available to Trillium Gift of Life Network at the appropriate time so that your family knows your wishes.

One organ and tissue donor can save up to eight lives, and enhance as many as 75 more. Over 1500 Ontario residents are waiting for transplant. This year, Trillium is targeting 1500 new donors for the 2011 campaign: *Life for 1500*.

Sign your donor card. Register your donation. Talk to your family. Save a life.

## EMERGENCY DEPARTMENT LEAN INITIATIVE IMPLEMENTATION

### **1. Provide appropriate wheelchairs for ED only**

Measurable Goal: Accessible transportation, reduce wait time, safer, patient satisfaction

### **2. Volunteer program in the ED**

Measurable goal: patient satisfaction, less staff disruption

### **3. Continuous improvement in triage performance guidelines and protocols**

Measurable Goal: Improved quality and speed eliminate redundancy.

### **4. Create fast track model**

Measurable goal: Decrease wait time for low acuity, increase patient satisfaction.

### **5. Explore Clinical Decision Unit (CDU) Model**

Measurable goal: More appropriate admissions to hospital, increase acute care beds in ED.

### **6. Creating comfort measures for ED patients**

Measurable goal: patient satisfaction, less staff disruption

### **7. Improved communication between EMS and ED**

Measurable goal: Timely and accurate reports and demographics. Demographics within 5 minutes and written report within 1 hour

### **8. Standardized use of electronic forms for DI and Lab**

Measurable goal: Better communication between departments and simplification of order process

### **9. Re-examine work assignment**

Measurable goal: Workload leveling

### **10. Revise policy for movement of expired patients**

Measurable goal: Improves patient flow

### **11. Create Coroner availability and requirements list**

Measurable Goal: Reduces clerk workload and improves patient flow

### **12. Functioning ultrasound machine**

Measurable goal: Increases patient flow and safety. Decrease DI requirements

### **13. Better way to get samples to the lab**

Measurable goal: Quicker turnaround time for lab sample. Improved patient flow

### **14. Additional training for nurses with GE MUSE and QuadraMed Install scanner**

Measurable goal: More accuracy, faster ECG

### **15. Modify IV drug policy**

Measurable goal: Save time, money, and increase patient throughput

### **16. Organize patient instructions in one location**

Measurable goal: to be determined

### **17. Accessible non-urgent transportation**

Measurable goal: Decrease time in the ED

### **18. Create workspace for NP, PA, Physician (5S)**

Measurable goal: Less congestion at nursing station, increase patient flow

### **19. Standardized admission orders**

Measurable goal: Increase patient safety, less medical errors

### **20. Admitting history and physical by MRP**

Measurable goal: Improved for patient flow and quicker patient admission

### **21. Bed assignment within 30 minutes**

Measurable goal: Decrease wait times, improve patient flow, improve patient satisfaction and comfort.

### **22. Create admission form report**

Measurable goal: Faster response time, better patient safety

### **23. Educate ER Staff on ED Data**

Measurable goal: Improve ERNI data collection, less rejections

### **24. Educate Switchboard on screening ED calls**

Measurable goal: Less phone disruption with updated message

### **25. Develop a replenishment program for stock for ED**

Measurable goal: Increase room functionality

### **26. 5S stock room**

Measurable goal: More time for patient care

### **27. Enhance security within department**

Measurable goal: Eliminate code white, protect staff, and develop protocols

### **28. No scheduled visits in ED by non-ED physicians**

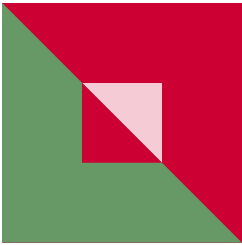
Measurable goal: ED is used for ED use only

### **29. Redevelop bed management policy**

Measurable goal: ED priority for beds, wait times for admitted patients decrease

### **30. Chart audit by ED nurses**

Measurable goal: Improved documentation and standardized charting



**National Mental Health Week**  
**May 1 to 7, 2011**  
**Special Public Presentation**  
**“Mental Health: A Perspective”**



**Dr. Roumen Milev**

**PhD FRCPSych FRCPC**

Professor of Psychiatry  
and Psychology

Head, Department of Psychiatry  
Queen's University, Kingston

Dr. Milev will discuss mental health today—incidence, recovery, social stigma, and the work to-date by the Clinical Services Roadmap team for Mental Health and Addictions services in the South East LHIN.

**BGH Charles Street Auditorium**  
**May 4th, 2011 6:00 to 8:00 p.m.**  
**Refreshments served**  
**All are welcome**

**May is:**

- **National Physiotherapy Month**
- **Speech and Hearing Awareness Month**
- **Sexual Assault Prevention Month**

## Donation to Brockville General Hospital ICU a Family Affair

When it comes to support for the Brockville General Hospital Intensive Care Unit (ICU), for siblings Jane, Jennifer and Jack it is definitely a family affair.

On March 31st, 2011, the three presented a donation of \$5000 to the ICU in memory of their parents Joan and John Goodenough. The funds have purchased some stethoscopes, a bariatric wheelchair, and a nerve stimulator for the BGH unit—items on the staff wish list that are deeply appreciated. “Our mother had excellent care here in the ICU over the last year of her life,” says Jane Hurd. “She was struggling with a heart condition that was deteriorating over time, and she ended up here three times that last year.” “The care and the staff were wonderful for our mother,” adds sister Jennifer Lessard. “Dr. Hynd was great. Each time we brought her in, our mother rallied. We

think we got an extra year with her because of the level of care she received at the Brockville General ICU.”

The Goodenoughs were longtime residents of Brockville. Father John ran his own business, while Joan was primarily a homemaker for the family. The donation to the ICU was made at the end of March to mark the anniversary of mother Joan’s passing. “It was our way of saying thank you to the staff,” explains brother Jack Goodenough.

“And we want to highlight the equipment needs in the ICU along with the great care,” adds his sister Jane. “The ICU is an important part of the hospital. We’d like to encourage others to



*Family donation and special equipment are shared by (l-r) Jane Hurd, Jack Goodenough, ICU staff Kathy Sands (holding stimulator), Dr. Jamie Hynd, Jennifer Lessard, ICU staff Brenda Warren, ICU staff Sharon Hass (holding stethoscope), and Brockville and District Hospital Foundation Executive Director Joan MacLaughlin.*

get involved.”

## Asbestos Survey

Brockville General Hospital has engaged Pinchin Environmental Ltd. to undertake comprehensive surveys of the Hospital building for asbestos. This includes the Charles Street site, Garden Street site, the ambulance building and McDougall building. This work will update the previous survey performed by Pinchin in 1999. Pinchin will begin work on Wednesday April 20<sup>th</sup>. The work is expected to take six to seven weeks to complete.

Pinchin employees will be identifiable by their name tags and Pinchin overalls. In patient care areas, I will accompany Pinchin to these areas for introductions to staff.

Further information, including an FAQ document, is available on Sharepoint.

*Patty Hoy-Berrea*  
Occupational Health & Safety Manager

## ATTENTION STAFF

We are coming to the end of our 2010 – 2011 Health Promotions Calendar. This calendar can be found on Sharepoint, Main Page. If there are any additions for the 2011 – 2012 calendar, please send the requests to Maggie Wheeler at [whema@bgh-on.ca](mailto:whema@bgh-on.ca).

### Edwardsburgh Scarlet Chapter (Orange Lodge) Fundraiser dinner to support Brockville Palliative Care Unit

**Ham Supper fundraiser for Brockville  
Palliative Care Unit**

**Saturday May 21/2011 at 6:00 PM  
St. Andrews Knox Presbyterian Church  
Spencerville, Ontario**

**Tickets: \$12.00 each**

**Contact information:**

**Clarence Barkley - 613-658-5686**

**Dave Dudley - 613-658-2695**

## BGH Palliative Care Raising Awareness During National Hospice Palliative Care Week May 1st to 7th

The Brockville and District Hospice Palliative Care Service (BDHPCS) is hosting a number of events to raise awareness for National Hospice Palliative Care Week.

National Hospice Palliative Care Week is a one-week campaign that focuses on raising awareness about hospice palliative care. It is also a time to celebrate, recognize, and share the achievements of hospice palliative care throughout the nation.

The theme for the 2011 campaign is "Communities Share the Care—How Can I Help?—Let's Share the Care." This theme is built upon the World Hospice Palliative Care Day's campaign, "Sharing the Care". The responsibility of caring for someone with a life-limiting illness is one that needs to be shared collectively within the community. Together, people can make a difference in the lives of those who are living with a life-limiting illness and those affected by it.

"It's certainly a good opportunity to talk about palliative care and what it's really all about," says Joan Schwarze, Coordinator of the Brockville and District Hospice Palliative Care Service program based at the Brockville General Hospital. "Most people aren't aware of the comprehensive service we offer people and families dealing with life-limiting illness."

The Hospice Palliative Care Service offers support at any point from diagnosis to bereavement—and beyond, for family members coping with loss. The focus is determined by the individual and family, from symp-

tom management to advocacy to emotional support and counseling. Once a referral to the program has been made, an individual may be supported and on the case load for a few hours or a few years. The team works with patients at home, in long-term care

homes, and at both Charles and Garden Streets sites of the Brockville General Hospital. On average, they support 75 individuals in the community daily, in addition to inpatients in the six-bed unit at Garden Street Site for direct symptom management or final days care. Patients requiring care in Charles Street Site can also be assessed by the BDHPCS. Trained volunteers play an important role supporting patients at home, in retirement homes, in long-term care, or in hospital. The nurse consult service receives no government funding and operates entirely through local fundraising.

Launched in 1979 at the former

St. Vincent de Paul Hospital, the service has grown through the years from a single nurse to six consult nurses and over 100 trained volunteers.

The public can get more information at the BDHPCS Information Table open from 11:00 a.m. to 2:00 p.m. on Wednesday, May 4th outside the cafeteria in the BGH Charles Street Site. There will also be an Open House/Meet and Greet for the public with the BDHPCS at the BGH Garden Street Site Patient Lounge on Thursday, May 5th from 5:00 to 7:00 p.m. All are welcome.



*Some of the faces of B&DHP Care: (seated) Pam Saunders, Charge Nurse; (standing, l-r) Jenna Emmons, RPN; Nancy Amyotte, PSW; Anne Howison, RN; Rachel Arcand, Palliative Care Consultant; and Christine Wynands, PSW*

## Volunteer Association

Thank you to all staff who donated to or shopped at the Volunteer Association's recent Garage Sale. The Sale did well and any unsold items were sent to the Maycourt to sell on the Volunteer Association's behalf or donated to a local charity.

On Tuesday April 12 the Volunteer Association held an information and sign-up day in the hospital for Organ and Tissue Donation. Twenty-one forms were

completed and sixty-two were taken to complete at home. On Saturday, April 23<sup>rd</sup> the Volunteer Association held a similar session at the Thousand Islands Mall to recruit new donors and help raise public awareness of the program. The Association hopes to provide other such opportunities during the summer at suitable venues.



## Calendar of Events in Celebration of Hospice Palliative Care Week May 1 - May 7, 2011

### "Highlights of Hospice"

**Monday May 2**

**"Tales and Talk"**

A Workshop of Stories and Insight into  
Compassionate Care at End of Life

For all Palliative Care, Spiritual Care and Hospital volunteers

**Tuesday May 3**

**Appreciation Cake and Coffee**

5th Garden Street for Palliative Care Staff, Patients and their Families 1:00 – 2:00 pm

**Wednesday May 4**

**Information Table at Charles Street Site**

Outside Cafeteria 11am- 2pm - Open to the Public

**Thursday May 5**

**Open House / Meet and Greet**

Garden Street Site Patient Lounge from 5pm—7pm

Open to the public – we'd love to see you there

**Friday May 6**

**Appreciation Lunch for Palliative Care Staff** 5th Floor Garden Street Site 12:00 – 1:00 pm

**BGH Recognizes . .  
National Hospice Palliative  
Care Week  
May 1—7**

### **FOR SALE**

T-Shape Wooden Bunk Bed Set (blue) with desk at one end, bookshelves and 5 small drawers at other end.

**ASKING \$350.00.**

Picture on Bulletin Board  
Call Cheryl EXT 1144



## LEARNING AT BGH

Here are the learning opportunities for April, 2011. Please register on line using the Events Calendar on the Organizational Development sharepoint site. For further information or to register, call Jessica X 1104

- Monday May 2**                      **Orientation:** 8 am to 4 pm (CSS room 324)  
Welcome to our new BGH employees!
- Friday May 13**                      **Friday February 4**    **CPR recertification:** 11 am (CSS auditorium) or 1 pm  
(GSS boardroom)
- Thursday May 26**                      **Infection Control “hot topic”:** 2 pm to 3 pm (CSS auditorium) “Summer bugs”

## STAFF COUNCIL CORNER

**May 5 @ 4:30** – Come join the fun and ride the Big Bike for Heart and Stroke at Blockhouse Island. 30 staff are needed to fill the bike and to help raise funds for this great cause. Each participant is asked to raise a minimum of \$50 in pledges. Please contact Adonica Keddy at [kedad@bgh-on.ca](mailto:kedad@bgh-on.ca) or Tiffany Flood at [floti@bgh-on.ca](mailto:floti@bgh-on.ca) for a pledge form.

**June 11** – 21 Rowers+ are needed for the Great St.Lawrence Dragon Boat Races held at Hardy Park. Come for part of the day or all of the day! If you are unable to row come cheer on the BGH team. Please contact either Lee Ann Gratton at [grale@bgh-on.ca](mailto:grale@bgh-on.ca) or Tiffany Flood at [floti@bgh-on.ca](mailto:floti@bgh-on.ca) to sign liability waivers. (Not as scary as it sounds!)

**50/50 Tickets** – Beginning in May, Staff Council will be selling 50/50 tickets at both sites to staff. Tickets are 1 for \$2 or 3 for \$5. These can be purchased at Switchboard at CSS, and the Finance Office for GSS. Draws will be held every 2 weeks. More information to come soon! Good Luck!

Also keep your eyes out for our Fundraising BBQ's which will be starting up soon! Come fill your belly and help us raise funds for a variety of events as well as a mural for both sites.

Staff Council is recruiting new members. Meetings are held once a month for 1 hour. If you are interested please contact any staff council member or e-mail Tiffany at [floti@bgh-on.ca](mailto:floti@bgh-on.ca)

### NEW STAFF 50/50 DRAW BEGINNING MAY 2011

Beginning May 1<sup>st</sup>, BGH will offer its staff a 50/50 draw, twice monthly. Draws will be held NON-PAYDAY Thursdays at noon. Tickets purchased after noon that day will automatically go into the next draw.

*Tickets are \$2.00 each or three for \$5.00. These may be purchased at:*

- GSS from Matthew in the Business Office Mon.— Fri., 8:00 to 4:00),
- CSS from Cathy in Business Office—Mon—Fri. 8am—4pm
- CSS at the switchboard after hours

*All proceeds go to fund Staff Council initiatives.*

**FIRST DRAW DATE MAY 12TH,  
2011**

### IT TAKES A BIG HEART TO RIDE A BIG BIKE!



**May 5 @ 4:30** – Come join the fun and ride the Big Bike for Heart and Stroke at Blockhouse Island. 30 staff are needed to fill the bike and to help raise funds for this great cause. Each participant is asked to raise a minimum of \$50 in pledges. Please contact Adonica Keddy at [kedad@bgh-on.ca](mailto:kedad@bgh-on.ca) or Tiffany Flood at [floti@bgh-on.ca](mailto:floti@bgh-on.ca) for a pledge form.



# MAY 2011

## Nurses' Week 2011 Activities Nurses: The Health of the nation



Mon	Tue	Wed	Thu	Fri
<p>09</p> <p><b><u>Nurses' Week Kick-off!</u></b> <b>Tim Horton's Coffee</b> <b>6:30 a.m. - 8:30 a.m.</b> <b>(sponsored by Ray)</b></p> <p>CSS-Front door &amp; loading dock</p> <p>GSS- Resident's Lounge</p> <p>Draw for Basket</p> <p>Daily draw for gift</p>	<p>10</p> <p><b><u>Lunch &amp; Learn</u></b> <b>11:30 and 12:15 (2 sessions)</b></p> <p>Presentation on Lovenox</p> <p>CSS-Auditorium</p> <p>GSS-Boardroom (videoconference)</p> <p>Daily draw for gift</p> <p><b>8:00 p.m. to 10:00 p.m.</b> <b>Cosmic Bowling</b> (sign-up sheets on floors)</p>	<p>11</p> <p><b><u>BBQ</u></b> <b>11:30 a.m. to 1:00 p.m.</b></p> <p>Location: CSS: Front circle</p> <p>GSS: Main Parking Lot</p> <p>Draw for Basket</p> <p>Daily draw for gift</p>	<p>12</p> <p><b><u>Potluck &amp; Nursing Presentation</u></b> <b>11:30-13:00</b></p> <p>CSS -auditorium GSS Boardroom</p> <p>Care Clown Janet Stark</p> <p>Daily draw for gift</p> <p>Wellness Cart (GSS) (Shirley)</p>	<p>13</p> <p><b><u>Nurses' Week Breakfast</u></b> <b>8:00 am</b> Sponsored By The BGH Physicians (CSS- Cafeteria)</p> <p>GSS-Cafeteria</p> <p>Ice Cream</p> <p>Draw for Basket</p> <p>Pizza for night staff</p> <p>Daily draw for gift</p>

### National Denim Day May 10th



Dietary is hosting National Denim Day again this year. There will be donation boxes available at both GSS and CSS cafeterias on Tuesday, May 10th. Donate \$5.00 and wear denim to fight breast cancer.

Because of the generosity of the many donors who have contributed to the CURE Foundation for breast cancer, many Canadian hospitals were able to purchase state-of-the-art equipment that provides a quicker and more precise procedure in the detection and treatments of breast cancer as well as easier biopsy procedures. CURE is proud to have been able to contribute to the improvement of these breast cancer centres.

In the field of research, CURE has lent its financial support to organizations, universities and projects to aid in many areas of breast cancer research, including genetics.

The CURE Foundation also supports projects and community programs that promote breast cancer awareness and education.

***Together we can make a difference***



2011 Fundraiser to Benefit

The Brockville Cardiovascular Program



# Laughter for the Heart

Wine Tasting and Comedy Night Starring International Funny-Man Jimmy Keys



Wine & Food Tasting  
5:30 - 7:00 pm



Entertainment  
7:30 - 9:00 pm

Wednesday June 8, 2011  
Brockville Memorial Centre

**\$75** per person

For tickets please call RipNET at 613-342-3946 x 282,  
Visit RipNET at 101 Water Street West Brockville, or eMail [bcp@ripnet.com](mailto:bcp@ripnet.com)

## DRAGON BOAT RACES ARE COMING!



**When:**

Saturday, June 11 2011

(This is an all day event — staff can participate the whole day or part of the day)

**Where:**

St. Lawrence Park, Brockville

We are in need of 30+ BGH Staff to row. The more the merrier to help spell each other off.

No experience is necessary just a willingness to have fun! Please contact Tiffany

Flood at [floti@bgh-on.ca](mailto:floti@bgh-on.ca)

or Lee Ann Grattan at [grale@bgh-on.ca](mailto:grale@bgh-on.ca) to

sign-up

or for more information.