



GENERAL HAPPENINGS

Brockville General Hospital

SEPTEMBER 2009

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Brockville General Volunteer Association member **Marg Alexander**, left, Honorary President **Renate Lexmond** and Volunteer Coordinator **Christine Deault** celebrate at the BGVA's 120th Anniversary.

Brockville General Volunteers celebrate 120 years of service

For the past 120 years, volunteers have made a vital difference in the lives of patients at Brockville General Hospital.

Brockville General Volunteer Association members and dignitaries, including MP **Gord Brown** and MPP **Bob Runciman**, gathered at the Robb Farm in Lyn on Wednesday, Aug. 19 for a garden party to mark the organization's 120th anniversary.

"This anniversary marks 120 continuous years of community volunteering, which represents thousands of people and millions of hours of service at the hospital," remarked Association President **Maureen Overy**.

Mr. Runciman presented special certificates from his office and from Premier **Dalton McGuinty** to congratulate the BGVA.

"One hundred and twenty years of vol-

unteer service to our region and community is something to celebrate," added Mr. Runciman. "We want to thank you for that great service."

"Volunteers are an important part of our community, and none are more important than Brockville General Hospital's," remarked Mr. Brown.

Brockville Mayor **David Henderson** and Elizabethtown-Kitley Mayor **Jim Pickard** both praised the crowd of about 100 volunteers for the personal warmth they bring to the hospital.

On behalf of the BGH Board of Governors, Internal Vice-Chair **Norman Millar** formally thanked the volunteers for the "amazing, special job" they have done over the past 120 years, and Brockville and District Hospital Foundation Chairman **Kevin Tackaberry** also thanked the group.

'Volunteers are an important part of our community...'



Meet the BGH Team

Please see the special photo feature, "Meet the BGH Team," inside on page 6. Above: **Catherine Swan** of 1 East. Below: **Roger White**.



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BGH President and CEO **Ray Marshall** made a special toast to recognize the achievement. "The volunteers have made a significant contribution at Brockville General Hospital," Mr. Marshall commented. "We would like to thank the BGVA volunteers for helping us in our mission of providing outstanding care to the people of Leeds-Grenville."

Currently, there are 240 active BGVA members at Brockville General Hospital who help in many ways: Volunteers greet and direct patients and visitors at the main entrance, wheel patients out after Day Surgery, sell items at the Wagon Gift Shops, serve coffee at Eleanor's Café, sew and repair items, assist with Spiritual Care, cut and set patients' hair – and govern the hospital as Board members.

The Association, formerly named the Auxiliary, was founded in 1889, when the volunteers' role was markedly different than it is today.

"In 1889, every week, two ladies would inspect the hospital to make sure the staff was operating efficiently and the hospital was being run efficiently," Mrs. Overy said. "The Auxiliary members were quite often responsible for finding food to feed the patients and they would bring in the linens."

Today, the volunteers help make patients comfortable during their hospital stays and raise funds to buy hospital equipment.

"I'd like to see us continue to grow and to continue to support the hospital in any way we can," said Mrs. Overy.



MP Gord Brown presents a certificate to Brockville General Volunteer Association President Maureen Overy at the BGVA's 120th Anniversary celebration on Wednesday, Aug. 19.

Christine Endicott, Communications Officer

Brockville General Volunteer Association Milestones

- 1889: The Association began as the Women's Auxiliary, at the same time Brockville General Hospital moved to its current site at the corner of Pearl and Ormond Streets.
- 1890: The new hospital had 25 beds. The building was almost immediately identified as too small, and Auxiliary members began canvassing for funds for an addition.
- 1902: BGH South Wing was built with \$10,000 contribution from W.H. Comstock. The Auxiliary donated \$1,000 for a separate children's ward.
- 1912-1928: Auxiliary supplied funds to help furnish a new maternity ward and new nurses' quarters.
- 1929: Auxiliary had 275 annual members and 26 life members.
- 1955: Wagon Shop opened.
- 1975: The 385 volunteers worked 22,368 hours
- 1982: Volunteers repaired 10,554 articles of linen and 2,055 gowns in 1982.
- 1996: The 347 volunteers worked 26,138 hours.
- 2003: New addition to Brockville General Hospital included a new Wagon Shop and Eleanor's Café.
- 2006: Brockville General Volunteer Association welcomed St. Vincent de Paul Auxiliary volunteers.
- 2009: BGVA 120th Anniversary.

Milestones: Research by Charlie Boyle, former Secretary to BGH Board of Governors.

A Special Thank You

to the Brockville General Volunteer Association

*We sometimes take for granted in the rush of all we do,
And forget to say a special thanks to volunteers like you!*

***Congratulations on your recent
120th anniversary celebration!***

From the Board of Directors and staff of the Brockville and District Hospital Foundation

Recognizing our BGH Educators

Stefan Gagnon Quadramed Specialist



Stefan graduated from Western University with a degree in Biology. He went on to further his education with a degree in Computer Science with Specialization. He is currently taking his MBA through Liverpool University.

Stefan enjoys teaching because he enjoys learning. “Self-betterment and self-improvement are important to me. I like to teach so that people can intuitively solve their own problems. That empowers them! People need to always be able to continually learn so they can adapt to our ever changing environment. Education is vital, and it gives you new tools all the time.”

When asked what he likes most about working at BGH, Stefan replied: “The opportunities to solve intricate organizational problems with the skills and lessons learned from my academic experiences, and learning how the health-care industry functions – where it’s been and where it’s going. It’s really exciting to be part of that change.”

Workplace Wellness Activities

SEPTEMBER

Friday Sept. 11, noon to 1 p.m. Auditorium
Lunch and Learn:
Successful Transition into Retirement
 by Shepell-fgi consultant Gundi Hodge

Weight Watchers at Work
 Please sign up now for this program, slated to start Sept. 14. More information is available on Sharepoint Announcements.

Friday Sept. 25
Employee Get Up and Get Moving Challenge:
 Walk during your break or lunch time – track how far you walk. Can BGH walk to Toronto in a day?

OCTOBER

Wednesday, Oct.1 – Judging Day
Photo Contest: Travel photo contest. Submit a photo of a place you visited over the past year!

MONTHLY at GSS and CSS

On-site Chair Massage Therapy: Book an appointment to have on-site chair massage therapy.

Bee Geez Traveling Health Information Cart at GSS and CSS

Bee Geez Traveling Happy Cart at GSS and CSS with Ray Marshall

Welcome to the Following New Employees

Stephanie Typhair
 Catherine Thorp
 Jakola, Leila
 Szumilas, Anna
 Wales, Leah
 Middlemiss, Brenda
 Liezert, Michele
 Ballantyne, Kimberly
 Nuttall (Buss), Laura
 Jones, Susan
 Mccracken, Shelly
 Green, Christine
 Dickieson, Angela
 Summerfield, Tanya
 Hayes, Beth
 Sabourin, Stephanie

Technologist -Lab
 Technologist - Lab
 RN (New Grad)
 RPN (New Grad)
 VP - HR
 RPN - Med/Surg
 PSP - GSS
 RPN - GSS
 RN - Emergency
 RN – 1 North
 RN - ICU
 RN - Med/Surg
 RN - 1 North
 RPN – GSS
 Administrator – Payroll
 (contract)
 RPN (New Grad)

Paterson, Marie
 Morrell, Kasidy
 den Ouden, Laura
 Waddell, Augusta
 Clarke, Jennifer
 Libby, Cindy
 Grant, Jennifer
 Okpanachi, Ogene
 Zakhartchenko, Anna
 Fraser, Maureen
 Stark, Janet

RPN (New Grad)
 RPN (New Grad)
 RN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 RPN (New Grad)
 HR Employee
 Relations Manager
 (contract)
 Spiritual Care
 Coordinator

Human Resources

Come cheer on Victor Davis's brother at BGH Sept. 15

On Tuesday, Sept. 15 at 8 a.m., Brockville General Hospital will serve as the send-off point on the sixth day of a memorial bicycle ride to raise awareness about tissue and organ donation.

On Nov. 11, 1989, **Victor Davis**, a gold-medal-winning Olympic swimmer, was struck by a driver in Montreal. The Davis family chose to donate his organs. Victor's gift impacted five people; some are alive today thanks to his donations.

This year is the 20th anniversary of his loss, and to honour his memory and to raise awareness of organ and tissue donation, his brother **Greg Davis** will be

cycling from his hometown of Guelph, Ontario to Montreal, Quebec from Sept. 10 to 17. He will be stopping at hospitals and organ donation centres along the way, including Toronto's Sick Kids Hospital and BGH.

To join him on this ride, check the schedule posted at victordavismemorialride.com. He welcomes any riders who would like to come along.

Sign your donor card!

And please go to the BGH front entrance at the Charles Street Site to show your support on Tuesday, Sept. 15 at 8 a.m.

Palliative Care tournament raises funds for 'absolutely wonderful' service at BGH

The Friends of Palliative Care Golf Tournament has received extensive community support again this year. Co-chairs **Dave Publow** and **Jim Cooper** confirmed that, as of late August, there were few spots left in the tournament, scheduled for Sept. 2 at Brockville Country Club.

Community participants and sponsors make this a fun-filled day for golfers – and a way to raise funds for a program that helps people through the final, difficult stages of life.

"The community gets behind this because the community believes in the Palliative Care Service," says Mr. Publow. "I really believe in the program and in the cause of people dying with dignity and compassion, either at home or in a hospital setting that is comfortable – not by themselves. Palliative Care nurses are special people. They put people at ease and make families feel comfortable."

"The program is absolutely wonderful, second to none," adds Mr. Cooper, who has seen the wonderful way the Palliative Care nurses at Brockville General Hospital care for the patients and families during the final days of a fellow Canarm employee and, later, his own father-in-law.

But Mr. Cooper says that while the cause is serious, the golf tournament



*Friends of Palliative Care Golf Tournament Co-Chairs **Jim Cooper**, left, and **Dave Publow***

is a day that is packed with fun. Golfers enjoy baked treats from Tait's at one hole, wine and cheese at another hole, and sausages from the Butcher Shop at yet another. "We try to entertain people while they are here," he emphasizes.

Many local businesses have donated great draw prizes this year: 35 framed prints from Hangups; a 40-inch flatscreen TV from Canadian Tire Prescott; a one-week RV rental from 1000 Islands RV; two watches from the Jewel Box; a Senators dinner, ticket and hotel package

donated by Dave Jones of Leslee Sports; a \$4,500 furnace package from Inter-Climate Inc. and more.

Most prize winners are drawn from a hat; any golfer can win. In addition, there are golf prizes, including hole-in-one and closest-to-the-pin prizes donated by RBC, and a hole-in-one prize of a three-year lease on an Infinity car donated by Tony Graham Infinity.

Morning golfers could join an afternoon cruise with Captain Andy of 1000 Islands and Seaway Cruises, and all golfers could enjoy lunch at the Country Club prepared by Mark Walmsley and the staff of Kelsey's.

"We want to create a great atmosphere so that everyone enjoys themselves and comes back year after year," says Mr. Cooper.



The tournament has raised \$1.2 million over its 15-year history and is one of the main fundraisers for the program as well as a way to thank the program's sponsors. "This is a big party to thank them for everything they have done for the Palliative Care program."

To donate to Palliative Care, contact the Brockville and District Hospital Foundation at 613-345-4478.

FALL 2009 Support Group for Women



*For women 16 or over who
are dealing with the impact
of violence/abuse in their lives*

- ◆ Starts Tuesday, Sept. 22, 2009
- ◆ 6:30 pm, ARCC, Brockville
- ◆ Group continues 1 evening per week for 10 weeks
- ◆ Meet other women and share life experiences
- ◆ Learn new ways to cope with problems.
- ◆ Creative approaches such as expressive arts & relaxation are used.
- ◆ Previous members say:
 - GO!*
 - Listen, talk and learn*
 - Be open to new ideas*
 - Just attend*
 - Don't give up*
 - Take this - it really helps*

Group is free. Financial assistance is available to help offset transportation and childcare costs.

Co-facilitators: Sharon Hinbest & Catherine Taylor

**CONTACT: ASSAULT RESPONSE & CARE CENTRE,
70 CHARLES ST. 613-345-3881 / 1-800-567-7415**

You're Invited

**Brenda Buchanan's
Retirement Get Together**
September 12, 2009 at
The Cardinal Legion Hall, 2194
Dundas Street

BEST WISHES
Contact Stephanie
342-3336



FOR SALE

Vector CCM Hockey Skates, Size 6.5 width D, one year old. Paid \$180, asking \$75. Please call 613-658-0289 or extension 1304.

Students enjoyed nursing pregrad experience at BGH

A group of 10 St Lawrence College Practical Nursing students completed their 10-week consolidation program here at BGH on July 19. This group of students had placements at CSS on the medical-surgical unit and at GSS on the complex continuing care units. A huge *thank you* is extended to the following staff who worked patiently with their students as they learned more about their role as a nurse in a hospital setting: **Tanya Tedford, Kim Harper, Ineke Carr, Marilyn Cross, Tracey Hainer, Michelle St Pierre, Darren Hoogwerf, Sandy Dalgleish, Linda McCann, Brenda Orr, Karen Roberts.**

Here is what the students identified as "*the best*" about their pre-grad experience at BGH:

- Anastasia: "Being busy and hands-on learning; the staff were very helpful."
- Kasidy: "The feeling of being a nurse instead of a student nurse; learning more than I ever expected to learn – to help me become the best nurse I can be."
- Anna: "I had a lot of help from staff on the floor. I had the best preceptor ever!"
- Laura: "Working and feeling a part of the team."
- Augusta: "The friendly atmosphere from most of the staff and how they offered help to the pre-graduates, to provide incentive for them to succeed."
- Stephanie: "Everyone was so nice and welcoming; I learned hands-on new and exciting things."
- Marie: "The staff was so great!"
- Cindy: "Brenda Orr was an excellent preceptor. She always demonstrated compassion, care and devotion to all clients."

The students identified the qualities they liked best about their preceptors – here is a sample of what they said:

- "The preceptor gave me the independence that I needed while helping me when I had questions. She made me feel comfortable to ask for help."
- "Honesty, positive attitude. a good teacher."
- "She was always friendly and approachable."
- "Kindness, compassion, patience."

Thanks to all our staff who welcome students and include them as part of the caring team at BGH!

Shirley Lazurko, Manager, Occupational Development



Meet the BGH Team



These photos were taken this past spring. Clockwise from top left: **Dr. John Earle**, Urologist; **Margaret Cameron**, Chief of An-aesthesiology **Dr. B.J. Grewal** and **Betty Murray**; **Cheryl Laton-Bernier** and **Jodi Hunter**, Manager of Health Records; **Laurie Bertrend** and **Dan Wil-loughby** of Central Core, **Sharon Hass** and **Gail Baker** of ICU; **Pamela Saunders** of Garden Street.

Photos by Christine Endicott, Communications Officer

